



Mooloolaba Women's Keelboat Regatta

Mooloolaba

24 to 26 July 2026

Sailing Instructions



An invitation is extended to all female sailors to enter the Mooloolaba Women's Keelboat Regatta 2026 ("regatta") hosted by Mooloolaba Yacht Club (MYC).

Australian
Sailing
AWARDS

**20
22**

SHESAILS AWARD WINNER

*Mooloolaba Yacht Club
Mooloolaba Women's Keelboat Regatta*



She

PRESENTED BY
SAILS HAMILTON ISLAND

Australian
Sailing

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation '[DP]' in a rule of the sailing instructions (SI's) means that a protest committee can award a penalty in accordance with the RRS and World Sailing guidelines (including no penalty) at their discretion. This changes RRS 60.5 and RRS 64.

1. RULES

- 1.1 In the event of a conflict with the Notice of Race, these Sailing Instructions will take precedence.

2. DAMAGE LIABILITY

- 2.1 A damage liability of \$1000 (inc. GST) will be required. Credit card details shall be held.
- 2.2 The damage liability is the limit of liability of each skipper for each single incident. However, if the damage is between two boats where both boats are damaged, the skipper who has been penalised may be liable to pay the damage deposit for both boats (as instructed by the OA).
- 2.3 If a participant is liable for the damage, MYC may require that the amount be paid in full before the skipper will be permitted to continue in the event.

3. COURSES

- 3.1 The courses will be windward/leeward configuration or a combination of reaching /windward / leeward configuration may be necessary.
- 3.2 The starting signals will be made from the Start Boat indicated by an Orange Flag when on station.
- 3.3 The Start/Finish line will be between the Start Boat and yellow pencil buoy marked with MYC.
- 3.4 Course buoys 1 and 2 will be large orange buoys marked with MYC.
- 3.5 The Race Number to be sailed will be displayed on a blackboard off the stern of the Start Boat.
- 3.6 Finishing will be between the Start Boat, displaying a Blue Flag, and the yellow pencil buoy.
- 3.7 If the wind speed across the course is less than 4 knots or greater than 20 knots the Race Officer may postpone the start.
- 3.8 If wind speed across the course is 25 knots or greater during the race the Race Officer may abandon the race.
- 3.9 If conditions are such that the Race Officer may declare that spinnakers must not be deployed, the Race Officer will announce the restriction over the radio and the Start Boat will display International Code Flag 'D' .
- 3.10 The Course Numeral flag for the following race will be raised prior to the commencement of the Start Sequence.
- 3.11 The race time limit for any course shall be 20 mins.

COURSES	
Signal Flag	Course Instruction: All Marks rounded to PORT
2: 	Start – 1P – 2P – 1P – Finish
3: 	Start – 1 P– 2P – 1P – 2P – 1P – Finish
4: 	Start – 1P – 2P – 1P – 2P – 1P – 2P – 1P – Finish

- 3.12 Boats not completing the course within 5 minutes of the first boat finishing will be scored DNF.

4. THE SAILING AREA

The sailing area in Mooloolah River is defined in Appendix A.

The sailing area in Mooloolaba Bay is shown in Appendix B.

5. CLASS FLAG

The Class Flag will be the International Code Flag E.



6. COURSE DIAGRAM	7. COURSE MARKS
	Start – Finish Line: between the Start Boat and a Yellow Pencil Buoy marked with MYC
	Course Marks – green, orange or yellow buoys
	7.1 Marks 1 and 2 will be large orange buoys. 7.2 Change Mark will be a large green buoy. 7.3 The starting/finishing mark will be a yellow pencil buoy to the port side of the Race Committee boat.

7. PENALTY SYSTEM

The penalty for breaking a rule of Part 2 shall be a One Turn Penalty (one tack and one gybe in the same direction). This changes RRS 44.1.

8. THE START

8.1 The Starting Sequence of RRS 26 is amended as follows:

Minutes before starting signal	Visual signal	Sound signal	Means
3	Class Flag – Code Flag E	One	Warning signal
2	P, U or black flag	One	Preparatory signal
1	Preparatory flag removed	One long	One minute to start
0	Class flag removed	One	Starting signal

8.2 The Race Officer shall display the **Race Number** to be sailed on a blackboard off the stern of the Start Boat

8.3 As a courtesy, the Race Officer will attempt to hail OCS (on course side), UFD (U flag disqualified) and BFD (black flag disqualified) boats by boat number and/or by radio on VHF channel 77 as soon as practicable after the start but no later than 10 secs after the start.

8.4 Failure to hear a hail, delay in hailing, or order in which hails are given in accordance with SI 8.3 will not be grounds for redress. This changes RRS 61.1(a)

8.5 Boats starting later than 2 minutes after their starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.

9. CHANGE OF POSITION OF NEXT MARK

- 9.1 To change the next leg of the course, the Race Committee will lay a NEW GREEN MARK (or move the finishing line) and remove the original mark as soon as practical. When, in a subsequent change, a new mark is replaced, it will be replaced with an original mark.

10. THE FINISH

The finishing line will be between the signal mast on the Start Boat, displaying a blue flag and the course side of the yellow pencil buoy on the port end of the line.

11. CHANGES TO THE SAILING INSTRUCTIONS

- 11.1 Any changes to the Sailing Instructions will be posted no later than fifteen (15) minutes before they take effect.
- 11.2 Notices to competitors will be posted on the online Official Notice Board - <https://www.mooloolabayachtclub.com.au/latest-womens-news/womens-keelboat-regatta/official-noticeboard/>
- 11.3 All changes to the Sailing Instructions will be posted on the Regatta Official Notice Board.
- 11.4 [NP] Changes to the Schedule of Races will be posted by 1900 hours on the day before they will take effect. Competitors shall be notified by WhatsApp text message.

12. COMMUNICATION WITH COMPETITORS

- 12.1 The online Official Noticeboard is located at <https://www.mooloolabayachtclub.com.au/latest-womens-news/womens-keelboat-regatta/official-noticeboard/>
- 12.2 Secondary to the Official Noticeboard, the “instant messaging” system WhatsApp may be used to notify skippers of timely information, changes to the schedule, changes to SIs, Protest Time limit etc. If it is in use, a link to join the group can be found on the Official Noticeboard
- 12.3 Signals made ashore will be displayed on the flagpole outside the Clubroom.
- 12.4 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 10 minutes’ in Race Signal AP.
- 12.5 When flag AP is displayed ashore, no boats will leave the dock.

13. SCHEDULE OF RACES

Friday 24 July	0930 – 1400	Training Sessions: 0930-1100; 1100-1230; 1230-1400
	1400 – 1600	Pre-regatta Race (Battle for the Bubbles)
	1630 – 1715 hours or at OA discretion	Registration and Welcome Function Team / Boat Draw
Saturday 25 July Qualifying Series	0800 hours	Competitor Briefing
	0930 hours	Racing – first warning signal
	ASAP After Racing	“Froth and Frivolity” Competitors are invited to Mooloolaba Yacht Club for a long table teams’ dinner.
Sunday 26 July Final Series	0800 hours	Competitor Briefing
	0930 hours	Racing - First warning signal Completion of qualifying series (if required) Boat Draw Bronze and Silver Fleet Finals followed by Gold Fleet Final
	1530hours	No warning signal will be made after this time
	ASAP After Racing	Presentation and prize giving

- 13.1 The OA reserves the right to deviate from the above schedule. The Race Officer may, without redress, change the Sailing Location and Schedule as required due to prevailing or forecast weather and sailing conditions or time constraints.
- 13.2 When more than one race is held on the same day, the warning signal for each succeeding race will be made as soon as practicable after the preceding race.

14. TIME LIMITS

- 14.1 The Time Limit for each race will be displayed by the Race Officer, before the warning, on the blackboard off the stern of the Start Boat.
- 14.2 [NP] The Finishing Window will be 5 minutes, that is, within 5 minutes of the first boat to finish.

15. SAFETY REGULATIONS [NP] [DP]

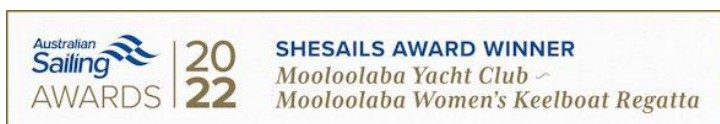
- 15.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

16. REPLACEMENT OF CREW OR EQUIPMENT [DP]

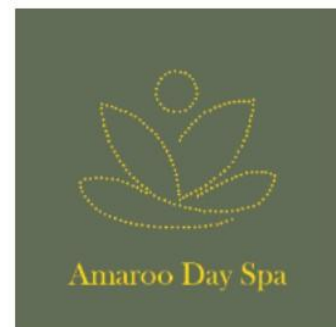
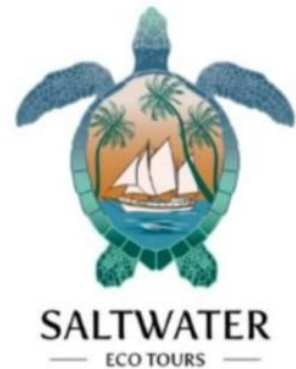
- 16.1 Substitution of crew or equipment is not allowed unless authorized by the Race Officer. Requests for substitution shall be made to the Race Officer after finishing the current race and prior to the next race.

17. PROTESTS

- 17.1 Arbitration as per RRS Appendix T shall apply.
- 17.2 Boats will be supplied with a red flag and the intention to protest is as per RRS 60.2.
- 17.3 The Race Officer on the Start Boat shall be informed of the intention to protest as soon as possible after completion of the race and prior to the First Warning of the next race. Competitors are required to communicate their intention to protest to the Race Committee before leaving the race area.
- 17.4 Protest request forms are available at the race office.
- 17.5 The protest time limit is 30 minutes after the finish time of the last boat in the last race of the day (Changes Rule 60.2 (b)). The protest time limit will be posted on the online official notice board. The completed Protest Request Form must be handed to the Race Officer or a club committee member
- 17.6 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the Clubroom or such other location determined at the discretion of the OA beginning as soon as possible after the protest time limit.



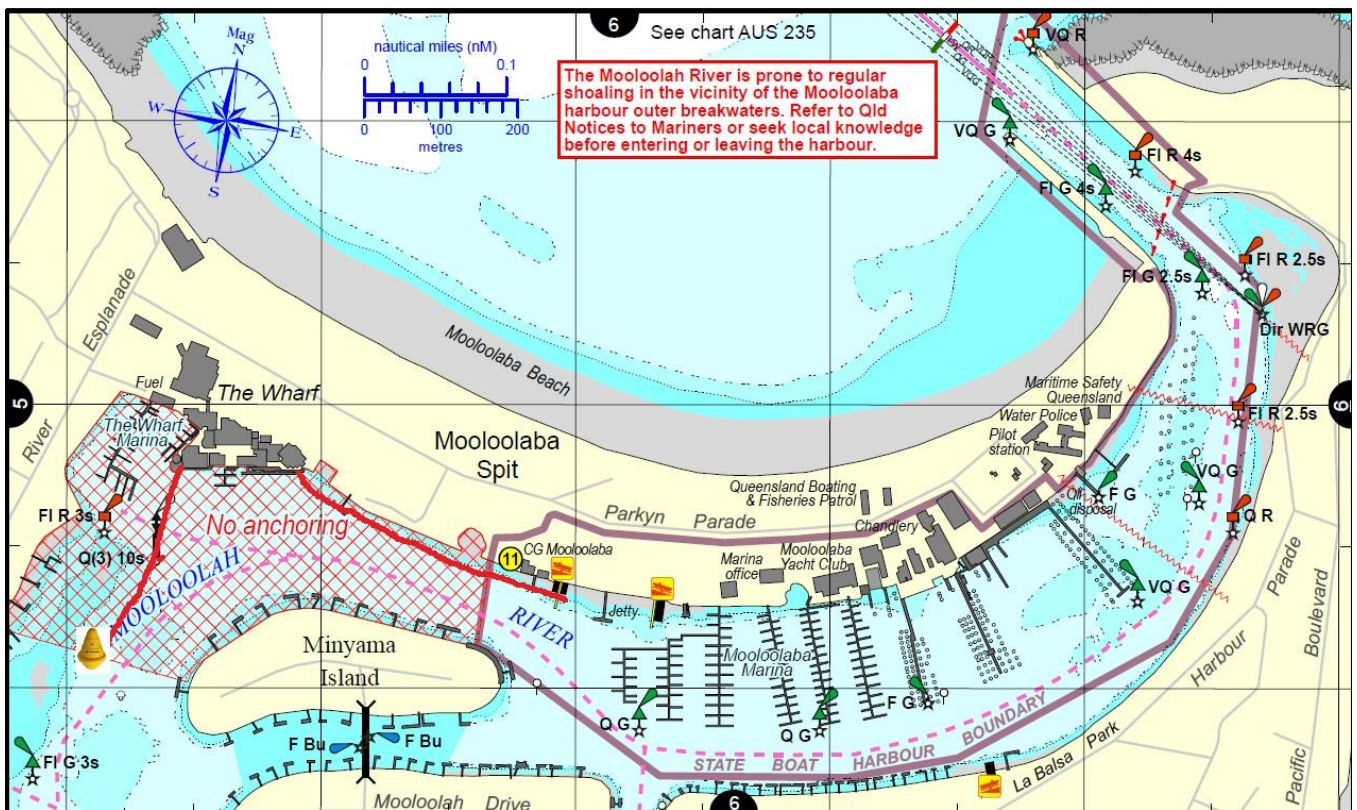
THANK YOU TO OUR SPONSORS



TO OUR SPONSORS,
Thank You!

Appendix A - Sailing Area Mooloolah River

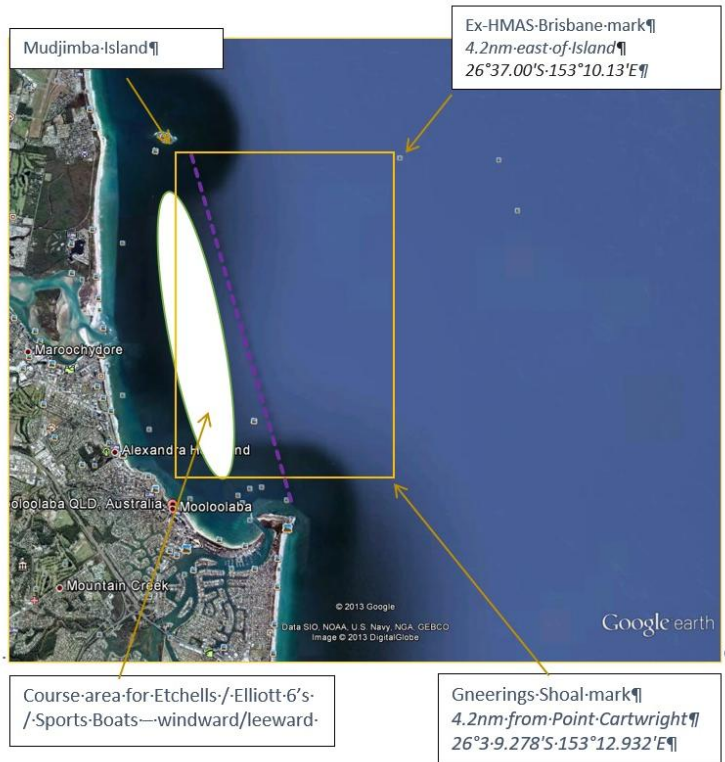
1. The racing area will be within the hatched area marked “No anchoring” on the map below.
2. The northern boundary will be considered an Obstruction as per RRS definition. This boundary will be defined by a virtual line from outside the Public Wharf at Penny Lane easterly to the Mooloolaba Coast Guard wharf. This area may be marked by a line of up to 4 orange teardrop buoys.
3. The western boundary will be considered an Obstruction as per RRS definition. This boundary will be a virtual line from the western end of the Wharf Complex south to the East Cardinal Mark (ECM) and south to the conical yellow “No Anchoring” buoy. All boats must remain at least 20 metres from the ECM at all times.
4. The waters outside these boundaries can be extremely shallow and must be avoided.



Appendix B – Sailing Area in Mooloolaba Bay.

1. Sailing Area in Mooloolaba

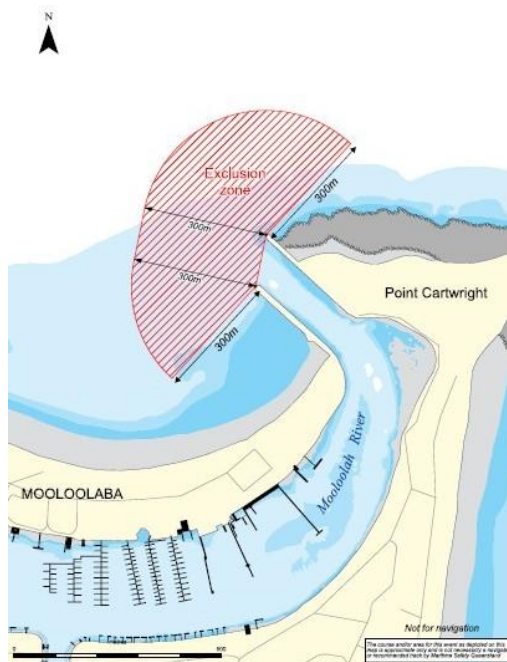
The sailing events in the bay will be held within the general area off Alexandra Headland and northward towards Maroochydore beach as shown below.



2. Exclusion Area for Aquatic Events

Aquatic activities, including MYC Sailing Events, are not permitted within the 300 metre Exclusion Zone promulgated by Marine Safety Queensland (MSQ) shown below.

Please keep clear of this area unless entering or leaving the Mooloolah River.



(i) The Mooloolah River bar is classified as a Coastal Bar by Marine Safety Queensland. Lifejackets must be worn when crossing the bar in an open boat.

(ii) Shark nets are laid off Mooloolaba and Maroochydore beaches. All vessels are to stay at least 20 metres clear of these shark nets.