

# Mooloolaba Yacht Club's Youth Sailing Squad 2017 – Syllabus

Version 1 @ 31/3/17

Week	Date	Event	Topic	Drills	Comments	ISAF Call Book
1	1-Apr	Squad	Boat Handling + Speed	Drill Book 2 Solo Work U&D 1 -7	Introduction into the Elliott 6s, focusing on how to refine our boat handling skills and communication on-board.	
2	22 Apr	Squad	New Rules	Drill Book 2 Solo Work U&D 1 & 4 upwind, 1 & 2 Downwind	Practice using new rules	
3	6 May	Squad	Pre-start focus	Drill Book 2 Solo Pre-start 1 - 7	Intro into pre-start fundamentals and goals	A3,E1-7,E9,J1,J2,K2,K4,M14,Section G + J
4	20-May	Squad	Upwind Legs	Drill Book 2 Pairs U & D 1 - 4	Objectives Strategy and Tactics.	Section D, G, I
5	3 June	Squad	Spinnaker Handling	Drill Book 2 Pairs U&D 1&2. Plus Drill Book 1, 3&16	Boat handling and tactical scenarios involving symmetrical spinnakers and gates	
6	24 June	Squad	Downwind Legs	Drill Book 2 Pairs U&D 1&2. Plus Drill Book 1, 3&16	Objectives Strategy and Tactics.	
7	8 July	Squad	Race		Squad members to conduct and compete in regatta they run.	
8	22 July	Squad	Penalty Kills	Drill Book 1. - 1, 3, 10, 16, 21, 22	Overview on how to execute a successful penalty kill and how to determine where and when you should look to do your turns	M1,10-12,K1-4,G7,M7,N1-8,E9,L5,C2,A1
9	5 Aug	Squad	Top and Bottom Mark Plays	3, 4, 21, 22, 23	Looking into the new rules and how can we use these in tactical situations. Also look into different methods with bottom mark gates etc	World Sailing Match Racing Call Book Supplements + Test Package

10	19 Aug	Squad	Upwind plays	TBA	Moves for the port and starboard tack boat	
11	2 Sept	Squad	Finish Plays	TBA	Moves for Leeward Marks and the Finish	
12	30 Sept	Advanced Squad	Review and Regatta		Focus on all aspects of the program and revise any weak areas within the group plus practice regatta.	