

# MOOLOALBA YOUTH SAILING PROGRAM 2017

Week 7

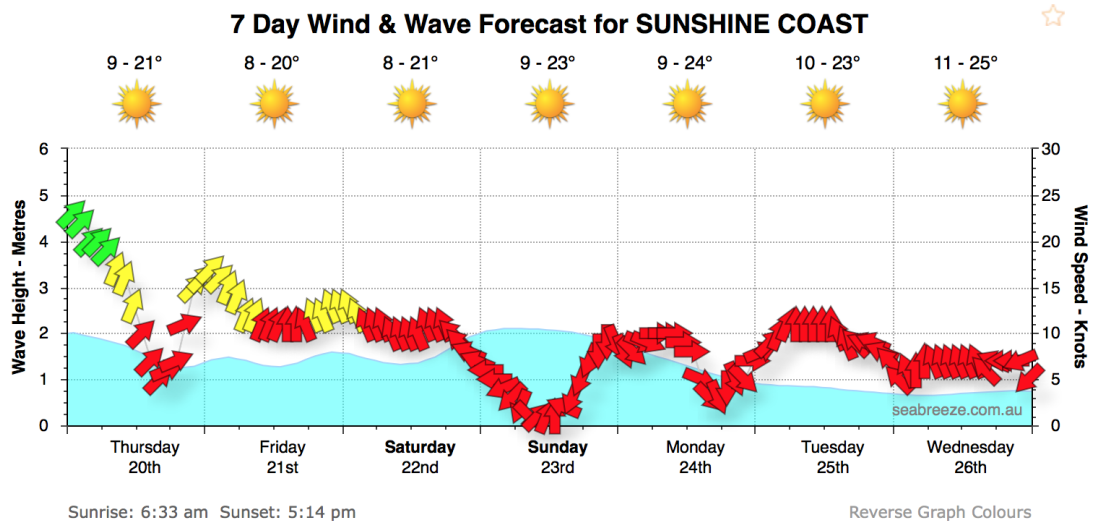
Briefing notes

## Topic: - Practice Regatta

This week is supposed to be a bit of fun for everyone. The plan is to have a 'fleet' regatta. If we have enough people for 3 boats or more that is what we will do.

If we only have enough for two boats we will go back over previous weeks to reinforce some learnings.

## Forecast:



## Program:

Bring questions any elements you wish to review

Bring an answer to this question, "what is the most important element to being a good sailor"?

## Drills:

Racing – could be fleet racing rules or match racing rules.